

**FACT SHEET
SPECIAL DIET ALLOWANCE**

For Use by Municipal, First Nations and Provincial Staff

- The regulations relating to the Special Diet Allowance have been amended. As of November 4, 2005, an approved health professional must confirm a social assistance recipient's eligibility for a special diet(s) in accordance with the medical condition(s) set out in the new Special Diets Schedule.
- Recipients who are eligible for the Pregnancy Nutritional Allowance are eligible to receive the Pregnancy Nutritional Allowance for an additional 12 months after the pregnancy ends as a Breast-feeding Allowance.
- The Special Diet Allowance will be provided to eligible recipients in accordance with the amounts set out in the new Schedule that is incorporated into a Minister's regulation.
- The Special Diet Allowance will be paid commencing the month that an approved health professional confirms a recipient's eligibility for it.
- Recipients currently receiving a Special Diet Allowance will be reviewed to determine eligibility for the Special Diet Allowance under the amended regulation.
- Current recipients will continue to receive the same amount for a special diet until their case is reviewed. Once Form 3059/3060 has been submitted, the Administrator can determine the amount of the recipient's special diet allowance according to the new Special Diets Schedule.
- Ongoing recipients in receipt of the Special Diet Allowance will be re-assessed to determine eligibility for the Special Diet Allowance under the amended regulation.